**description of the course of study**

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| **Course code** | **0912-7LEK-F-18-IK** |
| **Name of the course in** | Polish | **Interwencja kryzysowa** |
| English | **Crisis intervention** |

1. **LOCATION OF THE course OF STUDY within the system of studies**

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| **1.1. Field of study** | Medicine |
| **1.2. Mode of study** | Full-time |
| **1.3. Level of study** | Uniform Master’s studies |
| **1.4. Profile of study\*** | General academic |
| **1.5. Person preparing the course description** | Mgr Karolina Kulikowska |
| **1.6. Contact** | kmkulikowska@gmail.com |

1. **General characteristicS of the course of study**

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| **2.1. Language of instruction** | English |
| **2.2. Prerequisites\*** | **------** |

1. **DETAILED CHARACTERISTICS OF THE COURSE OF STUDY**

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| * 1. **Form of classes**
 | Classes- 15 h (including 5 e-learning) |
| * 1. **Place of classes**
 | Courses in the teaching rooms of UJK |
| * 1. **Form of assessment**
 | Review of a scientific article that presents dilemmas and problems associated with crisis intervention (a), the project (c) |
| * 1. **Teaching methods**
 | ClassesMultiple Discussion (group), Activating Learning-Case Studies, Simulation Method Project Work |
| * 1. **Bibliography**
 | **Required reading** | Crisis intervention |
|  **Further reading** |  |

1. **Objectives, syllabus CONTENT and intended teaching outcomes**

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| * 1. **Course objectives *(classes)***

ClassesC1-WC (knowledge) – Familiarize students with the documentation used in crisis intervention and rules of conducting support groupsC2-UC (abilities) – Preparing students for the diagnosis of crises and conducting interventions in crises associated with somatic diseases, crisis of loss and grief, suicidal crisis, the crisis of violence, environmental crises (catastrophic), developing the ability to provide support to people in crisis situations, cooperation with other organizations and initiatives of social activities for the benefit of people at risk of crises and experiencing psychological crises. |
| * 1. **Detailed syllabus *(classes)***
1. Familiarization with the syllabusand the subject requirements in connection with the explanation of the construction of the project, diagnosis of the crisis and design support (case study). Illness as a psychological crisis, a crisis of loss, suicidal crisis, disability crisis, crisis associated with addictions, domestic violence (problem-based lecture, film)
2. Comprehensive intervention model in crises associated with somatic diseases as well as disability, loss and grief, suicidal behaviours, addictions- a sheet with the initial contact with the client (group discussion)
3. Data collection in crisis intervention – interview (group discussion, method of simulation)
4. Delivering bad news- sample lesson plans (group discussion, simulation method)
5. Demonstration and assessment ofprojects prepared by the students (project method)
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* 1. **Education outcomes in the discipline**

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| **Code** | **A student, who passed the course** | **Relation to teaching****outcomes** |
| within the scope of **knowledge**, the graduateknows and understands: |
| W01 | the social dimension of health and disease, the impact of the social environment (family, networks of social relationships) and social inequality as well as socio-cultural differences on health and the role of social stress in health and self-destructive ehavior; | D.W1. |
| W02 | forms of violence, explanatory models of violence in the family and in institutions, social determinants of various forms of violence and the role of the physician in the its diagnosis; | D.W3. |
| W03 | rules and methods of communication with the patient and his/her family which helps in creating empathic and trust-based relation; | D.W5. |
| W04 | the importance of verbal and nonverbal communication in the process of communicating with patients and the notion of trust in the interaction with the patient; | D.W6. |
| W05 | basic psychological mechanisms of human functioning in health and disease; | D.W9. |
| W06 | the problems of patient’s and his/her family’s adaptation to the disease as a difficult situation as well as to events connected with the disease including dying and the family’s grieving process; | D.W11. |
| within the scope of **ABILITIES**, the graduate knows how to: |
| U01 | detect the signs of unhealthy and self-destructive behavior and properly respond to them; | D.U2. |
| U02 | lead conversations with an adult patient, a child and family using the techniques of active listening and expression of empathy and talk with the patient about his/her life situation; | D.U5. |
| U03 | engage the patient in the therapeutic process; | D.U7. |
| U04 | inform the patient and his/her family about poor prognosis; | D.U8. |

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|  | within the scope of **SOCIAL COMPETENCE**, the graduateisable to: |  |
| K01 | establish and maintaindeep and respectfulcontact with the patient and show understandingtowardsideological and culturaldifferences;  | H.S1 |
| K02 | do whatisright for the patient; | H.S2 |
| K03 | respectmedicalconfidentiality and patient’srights; | H.S3 |
| K04 | takeactionsconcerning the patient on the basis of ethicalprinciples, beingaware of socialconditions and restrictionsresulting from illness; | H.S4 |
| K05 | recognizehis/herownlimitations and self-evaluateeducationaldeficiencies and needs; | H.S5 |
| K06 | promotehealthylifestyle; | H.S6 |
| K07 | usereliableinformationsources; | H.S7 |
| K08 | conclude on the basis of ownsurveys and observations; | H.S8 |
| K09 | introducerules of socialconduct and teamwork to the group of specialists, includingspecialists form othermedicalprofessionsalso in the multicultural and multinational environment; | H.S9 |
| K10 | giveopinionsconcerningvariousaspects of professionalactivity; | H.S10 |
| K11 | takeresponsibility for owndecisionsmadeduringprofessionalactivitiesincludingownsafety and safety of otherpeople; | H.S11 |

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| * 1. **Methods of assessment of the intended teaching outcomes**
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| **Teaching** **outcomes*****(code)*** | **Method of assessment (+/-)** |
| **Exam oral/written\*** | **Test\*** | **Project\*** | **Effort** **in class\*** | **Self-study\*** | **Group work\***  | **Others\*****Observation** |
| ***Form of classes*** | ***Form of classes*** | ***Form of classes*** | ***Form of classes*** | ***Form of classes*** | ***Form of classes*** | ***Form of classes*** |
| *L* | *C* | *…* | *L* | *C* | *…* | *L* | *C* | *…* | *L* | *C* | *…* | *L* | *C* | *…* | *L* | *C* | *…* | *L* | *C* | *…* |
| W01 |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  |  |  |  |  |  |  |  |  |
| W02 |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  |  |  |  |  |  |  |  |  |
| W03 |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  |  |  |  |  |  |  |  |  |
| W04 |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  |  |  |  |  |  |  |  |  |
| W05 |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  |  |  |  |  |  |  |  |  |
| W06 |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  |  |  |  |  |  |  |  |  |
| U01 |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  |  |  |  |  |  |  |  |  |
| U02 |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  |  |  |  |  |  |  |  |  |
| U03 |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  |  |  |  |  |  |  |  |  |
| U04 |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  |  |  |  |  |  |  |  |  |
| K01-K11 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ***+*** |  |

***\*delete as appropriate***

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| * 1. **Criteria of assessment of the intended teaching outcomes**
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| **Form of classes** | **Grade** | **Criterion of assessment** |
| **classes (C)\*** | **3** | Receiving from 61% - 68% the total number of points available for the project |
| **3,5** | Receiving from 69% - 76% the total number of points available for the project |
| **4** | Receiving from 77% - 84% the total number of points available for the project |
| **4,5** | Receiving from 85% - 92% the total number of points available for the project |
| **5** | Receiving from 93% - 100% the total number of points available for the project |

* [**Thresholds**](https://pl.bab.la/slownik/angielski-polski/thresholds) **are valid from 2018/ 2019 academic year**
1. **BALANCE OF ECTS CREDITS – STUDENT’S WORK INPUT**

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| **Category** | **Student's workload** |
| **Full-time****studies** |
| *NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/* | **15** |
| *Participation in lectures\** |  |
| *Participation in classes, seminars, laboratories\** | **10** |
| *Preparation in the exam/ final test\** |  |
| *Others\** | **51** |
| *INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/* | **10** |
| *Preparation for the lecture\** |  |
| *Preparation for the classes, seminars, laboratories\** | **10** |
| *Preparation for the exam/test\** |  |
| *Gathering materials for the project/Internet query\** |  |
| *Preparation of multimedia presentation* |  |
| *Others\** |  |
| *TOTAL NUMBER OF HOURS* | **25** |
| ECTS credits for the course of study | **1** |

***Accepted for execution*** *(date and signatures of the teachers running the course in the given academic year)*

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1 e-learning (withoutparticipation of the lecturer)